

American Psychosomatic Society

Integrating mind, brain, body and social context in medicine since 1942

74th Annual Scientific Meeting

Translating Research into Practice: from Bench to Policy
March 9-12, 2016
Denver, CO, USA

WEDNESDAY MARCH 9

7:00am – 6:45pm Registration

Third Floor

8:00am – 12:00pm Young Investigator Colloquium

(by invitation only)

Room: Molly Brown/Horace Tabor

8:00am - 12:00pm APS Council Meeting

Room: Boardroom

12:30pm – 4:30pm Half-Day Workshops

Medical Workshop - Peripheral and Central Inflammation: Implications for Health And Disease

Developed by the Professional Education Committee Co-chairs: Nina Kupper, PhD and Greg Thorkelson, MD Faculty: JJ Cohen, MD, PhD, Anna Marsland, PhD,

Linda Watkins, PhD

Room: Lawrence B

Behavioral Intervention Clinical Trials 2.0: Advanced Topics for Investigators

Co-chairs: Jeff Huffman, MD and Ian Kronish, MD

Faculty: Peter Kaufmann, PhD, Kenneth E. Freedland, PhD,

Lynda Powell, PhD Room: Blake

7:00am - 7:45am

7:00am - 8:00am

12:30pm - 4:30pm Half-Day Workshops (continued)

mHealth Technologies and Behavioral Measurement

Chair: David W. Wetter, PhD

Faculty: Donna Spruijt-Metz, PhD, Emre Ertin, PhD, James Clawson, PhD, Pedrag Klasnja, PhD, Parisa Rashidi, PhD

Room: Lawrence A

5:30pm – 6:45pm Welcome and Opening Session

Room: Confluence Ballroom

The recipients of the 2016 APS travel scholarships and honor

awards will be recognized during this session.

Distinguished Scientist Award Lecture:

"The Mind-Body Problem -- Progress Report 57 years on"

Introduction: Neil Schneiderman, PhD

Speaker and Award Recipient: Redford Williams, MD

7:00pm - 8:30pm Citation Poster Reception

Posters # 1 - # 35 will be presented

Room: Platte River

THURSDAY MARCH 10

7:00am - 5:00pm Registration

Third Floor

Wellness Session #1:

Ashtanga Yoga

Instructor: Kristen Solomon, PhD

Room: Blake

Sunrise Series #1:

Academic Writing for Trainees Facilitators: *Natasha Tokowicz*,

PhD and Peter Gianaros, PhD

Room: Molly Brown

7:00am – 8:00am Continental Breakfast

Third Floor Foyer

APS Professional Education

Committee Meeting Room: Curtis

8:15am – 9:15am

Plenary Address

The Transformative Power of Lifestyle Medicine

Introduction: Lorenzo Cohen, PhD

Speaker: **Dean Ornish, MD Room: Confluence Ballroom**

9:30am - 10:30am Plenary Address

Transforming HealthCare via Science-based Technology

Introduction: Mustafa al'Absi, PhD Speaker: Lisa Marsch, PhD

Room: Confluence Ballroom

10:30am - 10:45am Break

10:45am - 12:00pm

Concurrent Sessions

Symposium 1270 / FROM COUPLES TO COMMUNITIES: UNDERSTANDING HOW SOCIAL ENVIRONMENTS INFLUENCE SLEEP

Chair: Wendy M. Troxel, PhD Discussant: Lauren Hale, PhD Room: Confluence A/B

1438 / Sleep Disturbances Mediate the Association Between

Marital Status and C-Reactive Protein (CRP)

Allison M. Tackman, PhD

1443 / Does Sleep Disturbance Among Parents of Infants Predict Increased Depressive Symptoms?

Zachary Blackhurst, BS

1564 / A Tale of Two Neighborhoods: Neighborhood Disadvantage and Sleep in Two Urban Neighborhoods

Wendy M. Troxel, PhD

1439 / Chronic Psychosocial and Sociocultural Stress and Sleep Disturbances in the HCHS/SOL- Sociocultural Ancillary Study Carmela Alcantara, PhD

Symposium 1083 / CURRENT DIRECTIONS IN HEALTH NEUROSCIENCE

Co-chairs: Tristen K. Inagaki, PhD and Keely A. Muscatell, PhD

Room: Confluence C

1087 / Social Support and Health: Associations Between Giving and Receiving Support and Stress-Related and Reward-Related Neural Activity

Tristen K. Inagaki, PhD

1086 / Links Between Inflammation, Amygdala Reactivity, and Social Support in Breast Cancer Survivors

Keely A. Muscatell, PhD

1084 / Antioxidant and Inflammatory Pathways Link Socioeconomic Disadvantage to Brain Morphology

Peter J. Gianaros, PhD

1085 / Alterations in Resting State Functional Connectivity link Mindfulness Meditation with Reduced Interleukin-6: A Randomized Controlled Trial

David Creswell, PhD

Symposium 1031 / NEW FRONTIERS IN SOCIAL COGNITION, SOCIAL BEHAVIOR, AND HEALTH

Chair: David A. Sbarra, PhD Room: Lawrence A

1223 / Family Conflict and Proinflammatory Gene Expression in

Parents

Theodore F. Robles, PhD

1226 / Married with Children; Are Children Pro- of Anti-inflammatory Agents?

John M. Ruiz, PhD

1143 / Intranasal Oxytocin, Online Social Networks, and Cardiovascular Functioning
Julianne Holt-Lunstad, PhD

1568 /Experiential Over-involvement and Sleep Problems Following Marital Separation

David Sbarra, PhD

Symposium 1428 / NEW INSIGHTS INTO
PSYCHOBIOLOGICAL MECHANISMS UNDERLYING
PRENATAL INFLUENCES ON BIRTH OUTCOME AND
CHILD DEVELOPMENT

Chair: Laura M. Glynn, PhD Discussant: Curt Sandman, PhD

Room: Lawrence B

1650 / Pregnancy Anxiety, Corticotropin Releasing Hormone in Pregnancy, and Timing of Delivery in Latina and White Women Isabel Ramos, BA

1429 / A Novel Approach to Understanding the Mechanisms by Which Early Life Stress Affects Development **Elysia Davis, PhD**

1678 / Maternal Prenatal Mood Entropy Predicts Infant Negative Affectivity and Maternal and Child Report of Internalizing Symptoms Laura Glynn, PhD

1685 / Prenatal Maternal Depression: Accelerated Development in Fetal Neurobehavior and Fronto-Limbic Connectivity in Neonates Jonathan Posner, MD

Paper Session: SLEEP, CANCER AND INFLAMMATION

Chair: Martica Hall, PhD

Room: Molly Brown/Horace Tabor

1670 / Change in Pro-Inflammatory Gene Expression over 12-Months Predicts Fatigue Severity in Distressed Women with Non-Metastatic Breast Cancer

Chelsea R. Amiel, BA

1344 / Inflammation and Disrupted Actigraphic Rest-Activity Patterns in Women Recovering from Endometrial Cancer Surgery **Erin S. Costanzo, PhD**

1539 / Daytime Dysfunction Associated with Preoperative Sleep Disturbance Predicts Postoperative Length of Hospital Stay Among Women Undergoing Surgery for Suspected Gynecologic Cancer

Elizabeth L. Kacel, MS

1449 / Associations Between Sleep Disturbance and the Severity of Persistent Breast Pain: An Analysis of the Role of Anxiety, Depression, and Pain Catastrophizing in Women with a History of Breast Cancer Surgery

Matthew R. Cribbet, PhD

1312 / Psychological Distress and Malnutrition Biomarkers are Associated with Head and Neck Cancer Progression and Survival **Abbigail B. Pace, BS**

If you are attending a Roundtable Discussion, please take this time to purchase lunch from the hotel's a la carte lunch table, set up for APS (sandwiches, salads, chips, etc.), or from one of the restaurants located nearby the hotel.

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12:30pm - 1:30pm Roundtables or Free time

RT #1: Discussion with Dean Ornish

Facilitator: Dean Ornish, MD

Room: Curtis

RT #2: Stress Measurement in the 21st Century

Organizers and Facilitators: Elissa S. Epel, PhD, George M. Slavich, PhD, Alexandra D. Crosswell, PhD, Tara L. Gruenewald, PhD, Aric A. Prather, PhD, Eli Puterman, PhD

Room: Augusta

1:30pm - 2:30pm **Concurrent Sessions**

Invited Symposium: NEUROINFLAMMATION: MECHANISMS AND MODELS, FROM ANIMALS TO

HUMANS

Chair: Tor Wager, PhD

Speakers: Jeffrey Meyer, MD, PhD, Kevin J. Tracey, MD, and

Linda R. Watkins, PhD Room: Confluence A/B

Paper Session: THE PSYCHOBIOLOGY OF THE HEART

Chair: Peter Shapiro, MD Room: Confluence C

Abstract 1248 / Anxiety Disorders and Stressful Life Events are Stronger Predictors of Incident CVD at Younger Versus Older

Adult Ages: Data From the NESARC Study

Jessica Berntson, MS

1604 / Activated Positive Affect Associated with Exaggerated Shortening of Ventricular Repolarization Duration in Patients

with Congenital Long QT Syndrome Richard D. Lane, MD, PhD

1147 / Associations Between Psychological Constructs and Cardiac Biomarkers after an Acute Coronary Syndrome Christopher M. Celano, MD

1133 / Greater Daily Experiences of Respect and Appreciation from Others is Associated with Less Intima-Media Thickness Jenny M. Cundiff, PhD

Symposium 1105 / PHYSIOLOGICAL AND BEHAVIORAL STRESS REACTIVITY IN INFANTS AS A FUNCTION OF PRENATAL STRESS EXPOSURE

Chair: Gerald F. Giesbrecht, PhD Discussant: Elysia Davis, PhD

Room: Lawrence A

1106 / Prenatal Exposure to Cultural Stressors and Maternal Mental Health are Associated with Physiological and Behavioral Stress Reactivity in Infants of Mexican Descent

Kimberly D'Anna-Hernandez, PhD

1235 / Effects of Pre and Post-natal Maternal Stress on Infant Temperamental and Autonomic Nervous System Reactivity In a Diverse, Low-Income Sample

Nicole Bush, PhD

1234 / The Effect of Pregnancy Anxiety on Infant Temperament and Emotion Regulation: Implications for Cortisol Reactivity to Stress

Jenna Thomas, MSc

Paper Session: SLEEP AND HEALTH

Chair: Aric Prather, PhD Room: Lawrence B

1490 / Intraindividual Variability in Actigraphy-Assessed Sleep

is Related to Allostatic Load Bei Bei, DPsvch(Clinical), PhD

1522 / African Genetic Ancestry is Associated with High Frequency Sleep Heart Rate Variability in African Americans

Indrani Halder, PhD

1529 / Poor Sleep Quality and Parenting Stress Predict Enhanced LPS-Stimulated Cytokine Production Among Women

During Postpartum Lisa M. Christian, PhD

1302 / Sleep and Fatigue in Chronic Fatigue Syndrome

Alison J. Wearden, PhD

Paper Session: LEARNING FROM HEALTHY

POPULATIONS

Chair: Jesse Stewart, PhD Room: Molly Brown

1320 / Somatic Symptom Disorder in the General Population: Associations with Medical Status and Health Anxiety Using the

SSD-12

Willem J. Kop, PhD

1628 / Anxiety Sensitivity, Stress, and 6-Month Exercise Behavior in Healthy Adults

Carmela Alcantara, PhD

1362 / Association of Blood Lipids Fractions with Depressive Symptom Clusters and Individual Symptoms in Men and Women in the United States: National Health and Nutrition Examination Survey (Nhanes) 2005-2012

Jay S. Patel, BA

1161 / Positive Psychological Functioning and Healthy Biology: Well-Being and Hdl-C

Jackie Soo, MPH

2:45pm - 3:45pm **Concurrent Sessions**

Symposium 1354 / IDENTIFYING NOVEL ENDOGENOUS MECHANISMS SUPPORTING THE COGNITIVE **MODULATION OF PAIN**

Chair and Discussant: Tor Wager, PhD

Room: Confluence A/B

1356 / From Social Learning to Vasopressin: New Mechanisms Underlying Placebo Analgesia

Luana Colloca, PhD

1355 / Mindfulness Meditation Engages Unique, Non-Opioid Mediated Mechanisms to Reduce Pain

Fadel Zeidan, PhD

1357 / The Role of Opioids in Pain Relief as a Function of Meditative Experience

Lisa M. May, BS

Symposium 1349 / MINDFULNESS-BASED INTERVENTIONS IN HEALTH CARE: MORE THAN JUST SYMPTOM REDUCTION?

Chair: Linda E. Carlson, PhD Discussant: David Creswell. PhD

Room: Confluence C

1392 / Mindfulness Promotes Positive Emotion-Cognition Interactions Integral to Human Flourishing: Evidence from Research on Mindfulness-Oriented Recovery Enhancement Eric Garland, PhD

1493 / Mindfulness-Based Stress Reduction: Correlates, Predictors, and Moderators of Positive Emotional Outcomes **Jeffrey M. Greeson, PhD**

1393 / Mindfulness-Based Cancer Recovery: Effects on positive psychology outcomes **Linda E. Carlson, PhD**

Paper Session: CARDIOVASCULAR DISEASE

Chair: *lan Kronish, PhD Room: Lawrence A*

1518 / Health Locus of Control Longitudinally Predicts Major Adverse Cardiac Events **Darren A. Mercer, PhD(c)**

1445 / When Blue-Collars Feel Blue: Depression and Low Occupational Grade as Synergistic Predictors of Incident Coronary Heart Disease in the Gazel Cohort

Cédric Lemogne, MD, PhD

1272 / Traditional Cardiovascular Risk Factors are Stronger Predictors of Incident Cardiovascular Disease in Adults with Versus without Lifetime Depressive Disorder: Data from the National Epidemiologic Survey on Alcohol and Related Conditions (NESARC)

Brittanny M. Polanka, BS

1506 / Pre-Surgical Psychological Interventions Lead to Reduced Levels of Adrenaline and Cortisol after Surgery in Coronary Artery Bypass Graft Patients: the Psy-Heart Study **Stefan Salzmann, Dipl.-Psych** Paper Session: DEPRESSION AND INFLAMMATION

Chair: George Slavich, PhD Room: Lawrence B

1605 / Depression and Inflammation: Which Comes First? A

Longitudinal Monozygotic Twin Difference Study

Shaoyong Su, PhD

 $1099\ /$ Differential Autonomic Nervous System Reactivity in Depression and Anxiety During Stress Depending on Type of

Stressor

Mandy X. Hu, MSc

Mandy X. Hu, MSc

1577 / Gender Differences in the Relationship Between Depressive Symptoms and LPS-Induced Inflammation Marzieh Majd, PharmD

1100 / Predictive Value Of Autonomic Basal and Stress Reactivity Values for Increase in Metabolic Syndrome Components Over Time

Paper Session: ADVERSE CHILDHOOD EXPERIENCES

Chair: Danielle Beatty, PhD Room: Molly Brown

1580 / Morphological And Resting Brain Alterations In Localized Provoked Vulvodynia (LPVD) Are Associated With Early Adversity

Arpana Gupta, PhD

1166 / Early-Life Adversity Interacts with Fkbp5 Genotypes: Gene-By-Environment Interaction in the Oklahoma Family Health Patterns Project

William R. Lovallo, PhD

1471 / Impact of Early Life Adversity on DNA Methylation of the Oxytocin Receptor Gene and their Associations with Childhood Trajectories of Anxiousness and Disruptiveness

Jean-Philippe Gouin, PhD

1237 / Adult Health Consequences of Childhood Bullying and Victimization in Black and White Men

Karen A. Matthews, PhD

Paper Session: EMOTION REGULATION

Chair: Sarah Pressman, PhD Room: Horace Tabor

1641 / Increased Time Spent in Poverty is Associated with Impaired Emotion Recognition in Middle Childhood

Andrew Erhart, MA

1059 / Early Life Adversity and Diurnal Cortisol Profiles Across the Lifespan: Self-Esteem as a Psychological Pathway Samuele Zilioli, PhD

THURSDAY MARCH 10 continued

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1294 / Acetaminophen Increases Risk-Taking Behavior Via

Reduced Sensitivity to Loss

Alexis A. Keaveney, BS

1457 / The Inhibitory Effect of Facebook Use on Stress

Recovery: A Pilot Study Jitske Tiemensma, PhD

3:45pm - 4:00pm Break

4:00pm - 5:00pm Plenary Address

Invited Symposium: TRANSLATING RESEARCH INTO PRACTICE: FROM BENCH TO POLICY: A CONVERSATION

Co-Chairs: Peter Shapiro, MD and Bruce Rollman, MD Speakers: Roger Kathol, MD, Mark L. Laudenslager, PhD, and

Marshall Thomas, MD
Room: Confluence Ballroom

5:00pm - 5:30pm Wellness Session #2:

Mindfulness Meditation Instructor: Jeff Greeson, PhD

Room: Blake

APS Diversity Initiative Meeting

Room: Curtis

5:30pm - 7:00pm Poster Session 1

Posters # 36 - # 133 will be

presented

Room: Platte River

7:15pm – 8:30pm Mentor/Mentee Program

You must have pre-registered for this event to attend. Please check at the APS Registration Desk for

additional availability

Room: Augusta

FRIDAY MARCH 11

7:00am - 5:00pm Registration

Third Floor

7:00am - 7:45am Wellness Session #3:

MBSR

Instructor: Eric Loucks, PhD

Room: Blake

7:00am – 8:00am Sunrise Series #2:

Late-Stage Graduate School

Advice

Organizers: Emily Hooker, PhD,

Tim Williamson, PhD

Facilitators: Sally Dickerson, PhD,

Wendy Troxel, PhD,and Peggy Zoccola, PhD Room: Molly Brown

APS Awards Committee Meeting

Room: Curtis

7:00am – 8:00am Continental Breakfast

Third Floor Foyer

8:15am – 9:15am President's Address

STRESS AND ADDICTION: WHEN A MELLOW RESPONSE

MIGHT BE HARSH!

Introduction: Prof. Dr. Stephan Bongard Speaker: Mustafa al'Absi, PhD Room: Confluence Ballroom

9:30am - 10:30am Plenary Address

Mapping Reflexes in Immunity: The Coming of

Bioelectronic Medicine

Introduction: Richard Lane, MD, PhD Speaker: Kevin J. Tracey, MD Room: Confluence Ballroom 10:30am - 10:45am Break

10:45am - 12:00pm Concurrent Sessions

Symposium 1091 / WHEN THOUGHTS CAN BREAK YOUR

HEART: MECHANISMS LINKING PERSEVERATIVE

COGNITION TO HEALTH RISK

Co-chairs: Jos F. Brosschot, PhD and Julian F. Thayer, PhD

Discussant: Peggy Zoccola, PhD

Room: Confluence A/B

1202 / The Effects of Perseverative Cognition on Diverse

Physiological Responses: An Integrative View

Julian F. Thayer, PhD

1201 / Hemodynamic Profiles of Adaptive and Maladaptive forms of Perseverative Cognition: Implications for Health

Cristina Ottaviani, PhD

1212 / Examining Ethnic Differences in the Hemodynamic

Profile of State Perseverative Cognition

LaBarron K. Hill, PhD

1203 / Prolonged non-Metabolic Heart Rate Variability

Reduction as a Physiological Marker of Psychological Stress in

Daily Life

Bart Verkuil, PhD

Symposium 1168 / BIOPSYCHOSOCIAL APPROACHES TO CARDIOVASCULAR HEALTH: INTEGRATION ACROSS

POPULATION-BASED STUDIES
Chair: Jennifer Morozink Boylan, PhD

Discussant: Karen Matthews, PhD

Room: Confluence C

1216 / Sexual Activity in People with Coronary Heart Disease

Andrew Steptoe, DPhil

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1213 / Neighborhood Socioeconomic Status and Ideal Cardiovascular Health in the MIDUS Study **Jennifer Morozink Boylan, PhD**

1215 / Do Positive Emotions and Optimism Protect Favorable Cardiovascular Health Across Time? Findings from the Coronary Artery Risk Development in Young Adults (CARDIA) Study Julia K. Boehm, PhD

1214 / Inflammation Partially Mediates the Longitudinal Relationship Between Chronic Conditions and Disability **Elliot Friedman, PhD**

Paper Session: THE PSYCHOBIOLOGY OF DIABETES

Chair: Kazu Yoshiuchi, MD, PhD

Room: Lawrence A

1592 / Depression Amplifies the Influence of Central Adiposity on Diabetes Risk 10 Years Later: Findings from MIDUS **Vera Tsenkova**, **PhD**

1426 / Immigrant Status is Associated with Differences in Diabetes Treatment: Data from the Continuous National Health and Nutrition Examination Survey (NHANES)

Loretta Hsueh, MA

1368 / Profiles of Disordered Eating Behaviors in Type 1 Diabetes **Natalia O. Dmitrieva, PhD**

1546 / Evening Chronotype is Associated with Insulin Resistance in Adults Without Recurrent Depression **Briana J. Taylor, MS**

1328 / Cortisol in Hair Predicts Type 2 Diabetes Status in African-American Adults

Matthew Lehrer, MS

Paper Session: THE PSYCHOBIOLOGY OF PREGNANCY

Chair: Tim Williamson, MA, MPH

Room: Lawrence B

1184 / Prenatal Cortisol Exposure and Infant Cortisol Reactivity: Moderation by Maternal Partner Support **Jenna C. Thomas, MSc**

1177 / Sexually Dimorphic Effects of Prenatal Maternal Cortisol and Psychological Distress on Infant HPA-AXIS

Julia C. Poole, BA (Honours)

1269 / Prenatal Glucocorticoid Administration Influences Child HPA AXIS Regulation

Michelle N. Edelmann, PhD

1451 / Indifferent Romantic Partner Relationships and Emerging Pro-Inflammatory Phenotype During the Third Trimester of Pregnancy

Kharah M. Ross, PhD

1139 / Pre-Pregnancy Body Mass Index and Gestational Weight Gain Mediate the Associations Between Neighborhood Socioeconomic Status and Birth Outcomes

Zahra M. Clayborne, BSc (Hons)

Symposium 1067 / BIOLOGICAL AND BEHAVIORAL INTERMEDIARIES LINKING RELATIONSHIP PROCESSES TO PSYCHOSOMATIC HEALTH

Chair: Rebecca G. Reed, PhD Room: Molly Brown/Horace Tabor

1069 / Novel Evidence Linking Social Disconnection to Appetite Regulation and Diet

Lisa M. Jaremka, PhD

1068 / Low Dose Aspirin Reduces Cardiovascular Reactivity and Depressed Mood in Acutely Bereaved: A Pilot Study

Mary-Frances O'Connor, PhD

1071 / Couples' Reactivity and Diurnal Recovery from Interpersonal Stress

Rebecca G. Reed, PhD

1070 / Intranasal Oxytocin and Social Cognition Processes in Couples

Beate Ditzen, PhD

If you are attending a Roundtable Discussion, please take this time to purchase lunch from the hotel's a la carte lunch table, or from one of the restaurants located nearby the hotel.

12:00pm – 1:30pm Class of 2016 Young Investigator

Colloquium Lunch (invitation only)

Room: Blake

12:30pm – 1:30pm Roundtables/ Meetings/ Free time

RT#3: Psycho-Oncology

Facilitators: Karen Weihs, MD, Paige Green, PhD; Lorenzo

Cohen, PhD Room: Curtis

Developmental Origins of Health and Disease SIG Meeting

Room: McCourt

1:30pm – 2:30pm Concurrent Sessions

Invited Symposium: BEHAVIORAL INTERVENTIONS IN HEALTH

Sponsored by the APS Diversity Initiative

Chair: Tené Lewis, PhD

Speakers: Lisa Lewis, PhD, Joseph E. Ravenell, MD and

Nicole A. Vaughn, PhD Room: Confluence A/B

Paper Session: ONCOLOGY: FROM GENES TO NEUROPATHY

Chair: Karen Weihs, MD Room: Confluence C

1142 / Stress Management-Associated Reductions in Pro-Metastatic and Pro-Inflammatory Leukocyte Gene Expression Predict 11-Year Risk of Death in Breast Cancer Patients

Laura C. Bouchard, MS

1635 / Threat and Reward-Related Neural Responses are Associated with Inflammatory Gene Expression in Breast Cancer Survivors and Healthy Controls

Julienne E. Bower, PhD

1608 / Ovarian Cancer Survivors with Symptoms of Peripheral Neuropathy Also Have Higher Levels of Symptoms Consistent with Vagal Neuropathy

Dana H. Bovbjerg, PhD

1567 / Neurofeedback as Treatment for Chronic Chemotherapy-Induced Peripheral Neuropathy (CIPN) Sarah Prinsloo, PhD

Paper Session: PRENATAL HEALTH

Chair: Michele Okun, PhD Room: Lawrence A

1668 / The Impact of Perceived Stress on Ambulatory Blood Pressure in Normotensive Pregnant Adolescents

Julie Spicer, PhD

 $1695\,/\,Prenatal$ Endocrine Predictors of Symptom Clusters in Postpartum Depression

Molly Fox, PhD

1581 / Acculturation, Blunted Maternal Cortisol Levels on Infants Stress Response Cortisol Levels in the Mexican-American Population **Meylin Melchor, BA**

1694 / CBSM Effects on Stress Outcomes Among Low-Income Mothers: Role of Ethnicity and Prenatal Anxiety **Guido Urizar, PhD**

Symposium 1348 / POST-TRAUMATIC STRESS DISORDER AND CARDIOVASCULAR DISEASE

Chair: Donald Edmondson, PhD Discussant: Viola Vaccarino, MD, PhD

Room: Lawrence B

1553 / Trauma Exposure, Posttraumatic Stress Disorder Symptoms, and Risk of Venous Thromboembolism in Women: Finding from the Nurses Health Study II

Jennifer A. Sumner, PhD

1560 / Posttraumatic Stress Disorder and Nonadherence to Medications: A Meta-Analytic Review

lan M. Kronish, MD

1352 / Prevention of Posttraumatic Stress Attributable to Acute Myocardial Infarction: Data from the MI-SPRINT Randomized Controlled Trial

Roland von Känel, MD

Paper Session: BRAIN, BODY, ENVIRONMENT

INTERACTIONS Chair: Eric Loucks, PhD

Room: Molly Brown/Horace Tabor

1397 / Brain Bases of Two Components of Compassion: Implications for the Patient-Provider Relationship

Yoni K. Ashar, MA

1558 / Stressor-Evoked Interleukin-6 Reactivity Correlates with Brainstem Activation in Healthy Midlife Adults

Kimberly G. Lockwood, BA

1655 / Socioeconomic Disadvantage and Neural Reactivity to Social Threats: Associations with Hostile Social Attributional Bias in Middle Childhood

Pilyoung Kim, PhD

1594 / Functional Neuroimaging of Human Brain-Immune Interactions: A Quantitative Meta-Analysis

Thomas E. Kraynak, BA

2:45pm – 4:00pm Plenary Address

Cannabis and Cannabinoid Science in the 21st Century: Health, Medicine and the Controversies

Introduction: Joel Dimsdale, MD

Speakers: Sunil Kumar Aggarwal, MD, PhD, Margaret Haney, PhD, H. Valerie Curran, PhD, and Kevin M. Gray, MD

Room: Confluence Ballroom

4:00pm – 4:15pm Break

4:15pm – 5:00pm Concurrent Sessions

Paper Session: PAIN Chair: Jeff Huffman, MD Room: Confluence A/B

1124 / Chronic Pain is Associated with Loneliness and Reduced Social Functioning

Ian A. Boggero, MS

1238 / The Impact of Anxiety Disorders on Work Productivity Amongst Non-Cardiac Chest Pain Patients

Alix Félin-Germain, BA

1314 / How Does our Definition of Recurrent Non-Cardiac Chest Pain Affect its Prevalence and Clinical Relevance?

Guillaume Foldes-Busque, PsyD, PhD

Paper Session: PSYCHO-ONCOLOGY

Chair: Kathrin Milbury, PhD Room: Confluence C

1673 / Reactions to a New Cancer Caregiver Role Differentially Related to Objective and Subjective Physical and Mental Health

Hannah-Rose Mitchell, MPH

1268 / Cognitive Behavioral Stress Management Effects on Mood in Breast Cancer Patients Presenting with Elevated Cancer-Specific Distress in the Weeks after Surgery Ashley W. Wang, PhD

1051 / Reductions in Leukocyte Adversity-Related Gene Expression with Stress Management During Primary Treatment for Breast Cancer Predict Greater Disease Free Survival at 11yr Follow-Up

Michael H. Antoni, PhD

Paper Session: GET MOVING Chair: *Nina Kupper, PhD*

Room: Lawrence A

1585 / Improving Cognitive Performance Via High Intensity

Aerobic Exercise: A Randomized Controlled Trial

Gerardo F. Ferrer, MD

1200 / Sit, Step, Sweat: Associations of Anxiety and Depression with Sedentary Behavior and Physical Activity Over Six Years

Sarah Hiles, PhD

1298 / Testing the Reserve Capacity Model in the Midlife in the United States Study Joshua F. Wiley, PhD

Paper Session: THE PSYCHOBIOLOGY OF

HYPERTENSION

Chair: Dick Jennings, PhD Room: Lawrence B

1511 / Children's Cardiometabolic Risk Predicted by Psychosocial Stress Reports and Stress Biomarkers

Nathalie Michels, PhD

1295 / A Preliminary Report on Ethnic Differences in Baroreflex Function Unraveling the Cardiovascular Conundrum

DeWayne P. Williams, MA

1280 / Cardiovascular Reactivity Patterns and Pathways to Hypertension: A Multivariate Cluster Analysis

Ryan C. Brindle, BS

Paper Session: MODULATING MENTAL HEALTH THROUGH EXTERNAL FACTORS

Chair: Chris Fagundes, PhD

Room: Molly Brown/Horace Tabor

1288 / Omega-3 Supplementation and the Neural Correlates of Mood and Impulsivity: A Double-Blind, Randomized, Placebo-

Controlled Trial in Midlife Adults

Annie T. Ginty, PhD

1517 / Bifidobacterium Longum 1714 Reduces Stress-Induced Changes in Anxiety and Salivary Cortisol and Alters Neurocognitive Performance and Resting EEG in Healthy Volunteers

Andrew P. Allen, PhD

1379 / Effects if Single-Dose Intranasal Oxytocin on Recognition of Basic Emotions and Complex Mental States in Facial Expressions: A Systematic Review and Meta-Analysis **Gitte Westphael, MSc**

5:00pm - 5:30pm Wellness Session #4:

Tai Chi

Instructor: Crista Crittenden, PhD

Room: Blake

5:30pm – 7:00pm Poster Session 2

Posters # 134 - # 230 will be

presented

Room: Platte River

7:30pm Past Leaders Dinner

Offsite (invitation only)

SATURDAY MARCH 12

7:00am – 5:00pm Registration Third Floor

7:00am – 7:45am Wellness Session #5: Gentle Hatha Yoga

Instructor: Linda Carlson, PhD

Room: Blake

7:00am - 8:00am 2017 Program Committee Meeting

Room: Curtis

7:00am – 8:00am Continental Breakfast

Third Floor Foyer

8:15am – 9:15am APS Members Meeting

Room: Confluence Ballroom

9:30am – 11:40am Awards Presentations

Room: Confluence Ballroom

Patricia R. Barchas Award Lecture

Introduction: Karina Davidson, PhD

Speaker and Award Recipient: *Elizabeth Brondolo, PhD*

Paul D. McLean Award Lecture

Introduction: William Lovallo, PhD and Arpana Gupta, PhD Speaker and Award Recipient: **Emeran A. Meyer, MD**

Herbert E. Weiner Early Career Award Lecture

Introduction: Lis Nielsen, PhD

Speaker and Award Recipient: George Slavich, PhD

If you are attending a Roundtable Discussion, please take this time to purchase lunch from the hotel's a la carte lunch table, or from one of the restaurants located nearby the hotel.

12:30pm – 1:30pm Roundtables or Free time

RT #4: Scientific Integrity and Replication in Psychosomatic Medicine

Facilitators: Wijo Kop, PhD, Emily Hooker, PhD and Tim

Williamson, PhD Room: Blake

RT# 5: Discussion with MacLean Award Recipient

Facilitators: Emeran A. Mayer, MD and Richard Lane, MD, PhD

Room: McCourt

1:30pm - 2:30pm Concurrent Sessions

Symposium 1205 / EARLY LIFE SOCIAL ENVIRONMENT AND CARDIOVASCULAR RISK FACTORS FOR DISEASE IN ADULTHOOD: PROSPECTIVE AND LONGITUDINAL FINDINGS

Chair: Jenny M. Cundiff, PhD Discussant: Craig Ewart, PhD Room: Confluence A/B

1208 / Positive Parenting in Adolescence Mediates the Association between Childhood SES and Adult Health Behaviors and Psychological Resources: Results from a Prospective, Longitudinal Study

Jennifer Morozink Boylan, PhD

1209 / Childhood SES and Age as Moderators of Changes in Inflammatory Markers over Time among Middle-Age Adults

Neha A. John-Henderson, PhD

1206 / Greater Social Integration During Childhood is Prospectively Associated with Lower Blood Pressure in Men in Adulthood

Jenny M. Cundiff, PhD

Paper Session: NEUROSCIENCE OF CONNECTION

Chair: Naomi Eisenberg, PhD

Room: Confluence C

1601 / Circulating Interleukin-6 Covaries with Resting Brain Network Connectivity and Topology in Midlife Adults

Thomas E. Kraynak, BA

1500 / Holding Hands Alleviates Pain and Reduces Pain-Specific Brain Responses

Marina Lopez Sola, PhD

1653 / Associations Among Poverty, Stress, and Maternal Brain Sensitivity to Infant Cry

Pilyoung Kim, PhD

1501 / Identifying a Brain Marker for Fibromyalgia Using Brain Responses to Pain and Multisensory Stimulation

Marina Lopez Sola, PhD

Paper Session: THE PSYCHOBIOLOGY OF CARDIOVASCULAR DISEASE

Chair: Annie Ginty, PhD Room: Lawrence A

1058 / Adverse Childhood Experiences and Pathways to Long-

Term Cardiovascular Disease Risk

Jenalee Doom, MA

1310 / Delayed Effects of Trait Anger on Progression of Subclinical Atherosclerosis

Amol S. Koldhekar, BS

1382 / Autonomic Nervous System Function During Daily Life

Activities in Tako-Tsubo Cardiomyopathy

Willem J. Kop, PhD

1549 / Cigarette Smoking Reduces High Frequency Heart Rate Variability: An Ecological Momentary Assessment Study

Fernando Bodin, MS

 ${\bf Symposium~1281~/~STRESS,~DIET,~MEMORY,~AND~WEIGHT}\\$

LOSS: WHAT'S EATING YOU?

Chair: Janice K. Kiecolt-Glaser, PhD Discussant: Susan Lutgendorf, PhD

Room: Lawrence B

1287 / The Sensitizing Effects of a 3-Day High-Fat Diet on LPS-Induced Neuroinflammation and Contextual Memory is

Mediated by Corticosterone Ruth M. Barrientos, PhD

1411 / Decision Making, Binge Eating, and Weight Loss Among Obese Adults

Charles F. Emery, PhD

1345 / Daily Stressors and Metabolic Responses to High-Fat

Meals: When Stress Trumps Healthy Eating

Janice K. Kiecolt-Glaser, PhD

Paper Session: MODULATING SLEEP

Chair: *Matt Cribbet, PhD Room: Molly Brown*

1075 / Sleep Problems and Pain: A Longitudinal Cohort Study

in Emerging Adults
Irma J. Bonvanie, MD

1162 / Sleep Habits and Susceptibility to Upper Respiratory Infection and Illness: The Moderating Role of Subjective

Socioeconomic Status Aric A. Prather, PhD

1343 / Vulnerability to Stress-Related Sleep Disturbances Moderates the Relationship Between Early Life Socioeconomic Status and Sleep in Adulthood

Chenlu Gao, BS

1082 / Bidirectionality Between Sleep Symptoms and Core Depressive Symptoms and their Long-Term Course in Major Depressed Patients

Mara E. Bouwmans, MSc

2:30pm - 2:45pm Break

2:45pm - 3:45pm Concurrent Sessions

Symposium 1359 / INSUFFICIENT SLEEP GETS OLD FAST: THE MALADAPTIVE EFFECTS OF SLEEP DISTURBANCE ON BIOLOGICAL AND COGNITIVE AGING

Chair: Aric A. Prather, PhD Discussant: Daniel J. Buysse, MD

Room: Confluence C

1360 / Sleep Disturbances and Biological Aging: The Wear and

Tear of Insufficient Sleep

Judith E. Carroll, PhD

1364 / Longevity Factor Klotho and Sleep Disturbance in Women Under High and Low Psychological Stress

Aric A. Prather, PhD

1442 / The Cognitive Effects of Disrupted Sleep in Healthy

Older Adults

Christine M. Walsh, PhD

Paper Session: SOCIAL FACTORS, INFLAMMATION, AND

HEALTH

Chair: Kathrin Milbury, PhD Room: Lawrence A

1578 / Caregiving Distress Associates with Elevated Inflammation Among Mothers of Children Newly Diagnosed with Cancer

Catherine P. Walsh, MS

1616 / The Interacting Role of Emotion Regulation and Stressful Life Events to Predict Cortisol Response to Stress

Lydia G. Roos, BS

1672 / Online Support for Grief Improves Health Behaviors and Reduces Mental Health Problems in Widow/ERS

Lindsey M. Knowles, MA

1220 / Social Integration is Associated with a Steeper Diurnal Cortisol Decline: Evidence from a Sample of Healthy Working Adults

Thomas W. Kamarck, PhD

Paper Session: MENTAL HEALTH: UNIQUE MEDIATORS

AND/OR MODERATORS Chair: Jeff Greeson, PhD Room: Lawrence B

1330 / A Matter of the Heart: Patterns of Circadian Rhythms of Vagal Activity Vary by Depressive Symptoms in Predominantly Healthy Employees

Marc N. Jarczok, Dr. sc. hum.

1545 / The Roles of PTSD, Depression, and Alcohol Misuse in Linking Military Stressors and Health-Related Quality of Life in Male and Female Veterans of the Wars in Iraq and Afghanistan

Brian N. Smith, PhD

1595 / Age Moderates Association Between Pre-Existing Psychological Illness and Inpatient Outcomes for Orthopedic Trauma Pateints

Terrie Vasilopoulos, PhD

1421 / Impact of Breathing at Near Resonant Frequency on Cardiovagal Modulation and Attention in Patients with

Schizophrenia

Bishoy Goubran, MD

Paper Session: CORTISOL CONSIDERATIONS

Chair: Jutta Wolf, PhD Room: Molly Brown

1271 / Association of Childhood Adversity with Diurnal HPA

Axis Activity

Naomi F. Assaf, B.S. In progress

1509 / Hair Cortisol Concentrations in Recently Fled Asylum Seekers in Comparison to Permanently Settled Immigrants and Non-Immigrant Germans

Ricarda Mewes, PhD

1079 / Daily Associations Between Diary-Reported Hot Flashes and Cortisol

Carolyn Gibson, PhD, MPH

1424 / Does Affect Variation Have an Effect on Cortisol Awakening Response?

Jeffrey Proulx, PhD

4:00pm – 5:00pm Concurrent Sessions

Paper Session: SOCIOECONOMIC FACTORS

Chair: Emily Hooker, PhD Room: Lawrence A

1550 / Life Course Socioeconomic Status Adversity, Allostatic

Load and Mortality in Midlife and Older Adulthood

Tara L. Gruenewald, PhD, MPH

1306 / Metabolic Syndrome Symptoms are Associated with Childhood Socioeconomic Disadvantage

Camelia E. Hostinar, PhD

1657 / Racial Disparities in Sleep: The Role of Neighborhood

Disadvantage

Thomas E. Fuller-Rowell, PhD

1255 / Socioeconomic Adversity and Negativity in the Parent Child-Relationship: Complex Costs for Young Childrens

Physical Health

Melissa J. Hagan, PhD, MPH

PSYCHOLOGICAL FACTORS, HEALTH AND MORTALITY

Chair: Daryl O'Connor, PhD

Room: Lawrence B

1026 / Mental Vulnerability Predicts Hospitalization for Peptic

Ulcer Over 28 Years
Susan Levenstein, MD

1299 / Maternal, Environmental, and Social Context Predicts Diarrheal Infection Incidence in Young Children in Sundarbans,

Sohini Mukherjee, BA

1308 / Healthy Lifestyle Index Predicts Increased Chronic Conditions and Mortality Five Years Later

Diana Wang, BS

1399 / Psychological Well-Being is Associated with All-Cause Mortality Independent Of Socioeconomic Status: Ten-Year Prospective Evidence from a Nationally Representative US Sample

Steven D. Barger, PhD

Paper Session: RESPIRATORY DISEASES

Chair: Crista Crittenden, PhD

Room: Molly Brown

1236 / Medical Record Recognition of Anxiety and Depressive Symptoms in Patients with COPD And CHF: Who Gets

Missed?

Chelsea G. Ratcliff, PhD

1358 / Socioeconomic Status, Naturalistic Observed Daily Negative Affect, and Anti-Inflammatory Gene Expression Among Youth with Asthma

Samuele Zilioli, PhD

1462 / Parental Involvement Mitigates the Association Between Socioeconomic Disadvantage and Glucocorticoid Resistance Among Youth with Asthma

Erin T. Tobin, MA

1591 / Cognitive Impairment Domains Associated With Hippocampal Metabolites And Disease Control In Asthma Patients

Juliet L. Kroll, BA

Paper Session: PSYCHOBIOLOGY

Chair: Mustafa al'Absi, PhD Room: Horace Tabor

1171 / Larger Age-Related Declines in

Dehydroepiandrosterone are Indicative of Reduced Physical

Vitality Beyond the Influence of Chronological Age

Danielle N. Rendina, MS

1575 / Increased Circulating Peptide Yy And Ghrelin are Associated with Early Smoking Relapse

Andrine M. Lemieux, PhD

1160 / Sex Differences in the Association Between Acute Stressor-Evoked Interleukin-6 Responses and C-Reactive Protein

Kimberly G. Lockwood, BA

1110 / Conflicting Social Roles are Associated with Greater Stimulated Proinflammatory Cytokine Production Among Men, Not Women

Hannah M. Schreier, PhD

5:30pm - 7:00pm Poster session 3

Posters # 231 - # 320 will be

presented

Room: Platte River

7:30pm - 11:30pm Closing Banquet

Room: Confluence Ballroom

Announcing an APS-sponsored special topic meeting

Neuroscience of Pain: Early Life Adversity, Mechanisms and Treatment

October 15, 2016 ~ Marriott Downtown New York, NY

A Call for Abstracts for Poster Presentations will be available soon!

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APS 74TH Annual Scientific Meeting – March 9-12, 2016 – Denver, CO

Meeting Objectives

At the conclusion of this meeting, participants will be able to:

- 1. Describe the biopsychosocial processes relevant to Psychosomatic Medicine across all levels of analysis, from the molecular level (i.e., cells) to the community level.
- 2. Understand the role of lifestyle factors and lifestyle interventions on non-communicable diseases such as heart disease and cancer.
- 3. Learn about the association between inflammatory factors, neurological function, and health.

Continuing Education Information

Satisfactory Completion Statement

Participants must complete an attendance/evaluation form in order to receive a certificate of completion/attendance. Your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available.

Physicians

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Amedoc and the American Psychosomatic Society (APS). Amedoc is accredited by the ACCME to provide continuing medical education for physicians.

Amedco designates this live activity for a maximum of 18.75 AMA PRA Category 1 CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologist

This course is co-sponsored by Amedco and the American Psychosomatic Society (APS). Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. 18.75 hours.

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