

APS PMIG Final Report Form

June 2008

Medical School: University of Minnesota Medical School Duluth

Faculty Leader: Rick Hoffman, Ph.D. (core faculty - Mustafa al'Absi, Ph.D., Joy Dorscher, M.D.)

Trainee Co-Leader: Angelene Mellick, MS2

1) Contacts with APS Past Leader Liaison: Dr. Matt Muldoon (our APS past leader liaison and current APS President) was our on-site seminar speaker in May, 2008 (see below for details)

2) Month when you received your first \$500 payment from APS: October, 2007
Month when you received your second \$500 payment from APS: May, 2008

3) Number of PMIG meetings so far this academic year: 6 meetings with invited speakers, 2 planning meetings with core PMIG faculty and trainee co-leader.

4) Modifications of original plan (if any): due to scheduling problems, we were not able to fulfill our somewhat grandiose plan of having an invited speaker each month of the academic year.

5) Description or data on participants in PMIG meetings

October 15, 2007. Dr. Paul Mills (jointly sponsored by PMIG and University of Minnesota Academic Health Center Duluth). Topic: "Inflammation and Stress in Hypertension and Heart Failure"

December 3, 2007. Dr. Mustafa al'Absi. Topic: "A Brief History of Psychosomatic Medicine and Review of Current Psychosomatic Medicine Research at Our School"

January 14, 2008. Mr. Skip Sandman. Topic: "Native American Traditional Healing"

March 4, 2008. Dr. Michael Irwin. Topic: "Psycho-neuro-immunology" (via collaborative ITV video, facilitated by the U Arizona PMIG)

May, 9, 2008. Dr. Matthew Muldoon. Topic: "Negative Affect and Coronary Heart Disease: Musings about Mechanisms" (co-sponsored by the U of Minnesota Medical School Duluth Seminar Series)

June 16, 2008. Dr. Jeffrey Pasley. Topic: "Delayed Onset of Muscle Pain" (co-sponsored by the University of Minnesota Medical School Duluth)

Note: For 5 of the invited speakers, PMIG members were sent 2-4 representative journal articles via e-mail or in print form either by that speaker or relevant to that topic. PMIG members received a copy of a book chapter prior to Mr. Sandman's seminar that contrasted Western medicine with traditional Native American healing.

We experienced the best attendance for Dr. al'Absi's seminar, Mr. Sandman's seminar, and Dr. Muldoon's seminar which drew all or nearly all of the PMIG students plus several of the remaining first and second year medical students and several interested faculty.

6) Specify how much of your allotted \$1000 you have spent, and on what (roughly):

We have spent \$714.29, almost all of which was spent on food to entice our students to attend the seminars and the balance to cover travel and miscellaneous expenses that were not covered by our co-sponsors. Some expenses such as printing costs and such were paid from my office budget to conserve resources. I plan to expend the remaining \$285.71 by purchasing 6 student memberships in APS for interested students. I will try to match this with other funds to provide student memberships for all of our year one PMIG students.

(We will send you your second \$500 as soon as you notify us that you have spent your first \$500, or close to it)

Any problems or suggestions we should know about:

The ITV seminar that we participated in on March 4, 2008 was an excellent idea although attendance at our site was not what I would have liked it to be due to the short lead time that we had between solving the technical issues (and booking an ITV room) and when we could invite the PMIG students. This nonetheless is something for APS to pursue further. With enough lead time, this could become an excellent way to leverage speakers and resources.