

FINAL REPORT

PMIG FOR NURSES CLUJ, ROMANIA 2006-2007

University of Medicine and Pharmacy Iuliu Hatieganu Cluj, Romania

Coordinator:

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Leader of the group : Liliana David, RN

The group sponsored by APS with a 1000 \$ grant started its activity in the fall 2006 according to the following calendar and debating following matters:

29.11.2006

History of nursing;

Practical examples of holistic approach of inpatients

20.12. 2006

Empathy; communication with the outpatient

31.01.2007

Relationship nurse-patient-physician; Practical examples

28.02. 2007

The biopsychosocio-(cultural) model. Practical examples

25.04. 2007

Role of emotions in the occurrence and presentation of diseases. Practical examples

30.05.2005

Psychosocial factors; clinical effects of stress; social support in hospital.

27.06.2007

Balint approach and the burn-out syndrome

Meetings were organized in the conference room of the library of the 3rd Medical Department between 2 pm-5 pm including a 10 min coffee break

Some changes of day schedule have been performed according to the wish of the members and a supplementary meeting was organized for evaluation.

The average attendance was 15 ranging from 10 to 22

The participants had free entrance at the International Course of Psychosomatic Medicine, March 5, 2007, which was organized in association with the programme of this PMGI

Financial issues:

We received 500 dollars in winter 2006/2007 and other 500 dollars will arrive after the acceptance of this report.

Budget foreseen was:

600 \$: 2 travel reimbursements (2x300 \$) for 2 APS faculty from Budapest to Cluj
100 \$: for Liliana David, RN, leader of the group, for administrative expenses
250 \$: syllabus
50 \$: advertising, programme, posters

According to the recommendation of Lawson Wulsin we did not cover the expenses of travel for 2 faculty members to Cluj. Thus the budget was reorganized like this:

100 \$ for the leader Mrs David to cover administrative expensive
120 \$ for coffee breaks during the meetings of the PMIG
200 \$ for the coffee breaks during the International course of psychosomatic medicine
200 \$ fee for hiring the room of the international course
330 \$ the syllabus (will be published by the end of the year and a copy will be supplied to APS)
50 \$ advertising, programme, posters

Other incidental expenses during the international course and with the PMIG meetings were covered by sponsors or by the university.

Aim of the group: to develop last year GIPM granted by APS grant, to extend to nurses. One nurse, Liliana David, participant to first GIPM will lead the GIPM for nurses. Content: 8 meetings (lectures, interactive seminars) on: history of nursing; empathy; relationship nurse-patient-physician; the bio-psycho-social model of disease; emotion and disease; psychosocial factors; clinical effects of stress; social support in hospital. Two foreign speakers will be invited among APS participants to the annual meeting in Budapest in March 2007.

Expectations: to increase the interest of a professional category: nurses, for PM, and to improve their skills; to continue the work of the first GIPM organized in Cluj.

Past APS president liaison

We appreciate the introduction of this liaison. For us served Prof Douglas A Drossman who always stayed in contact with us. We discussed the problems of this project during several international meetings where we met: APS, DDW, IFFGD and by emails.

Dan L. Dumitrascu, MD

Cluj, 08.08.2007