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## President's Message **Susan Lutgendorf, PhD, APS President**



It is a great privilege to be serving as President of APS and to be writing to you following our very successful 2013 annual meeting in Miami. We are already working on the 2014 meeting under the able leadership of our new program chair, Kristen Salomon, PhD from the University of South Florida. Our theme for the upcoming 2014 meeting will be "*Stretching the Boundaries: From Mechanisms of Disease to Models of Health.*" This theme captures some of my vision for APS - that we as a group act to stretch the boundaries of our research

and practice. One example would be developing a better understanding of mechanisms of wellness as well as mechanisms of illness and finding ways of translating that knowledge into interventions and environments supporting well-being. Another example of "Stretching Boundaries" includes a greater integration of Complementary and Alternative/Integrative Medicine modalities with Psychosomatic medicine- including broad-based interventions, and a broadening of our understanding of putative biobehavioral mechanisms. "Stretching the boundaries" also extends to how we can tap the burgeoning field of e-medicine to deliver interventions and better understand physiology.

This is an important time for finding innovative ways to translate our cutting-edge mechanistic knowledge into interventions that can help people. Our challenge is to find ways for the work of our scientists to be better integrated into medical awareness and *clinical* practice so that biobehavioral and socio-environmental factors become an integral part of the medical approach. Many of us in the Society operate with one foot in the world of psychology or psychiatry and the other foot in the medical world and can help bring this transformation about. Another important challenge is to find ways to make available the important scientific findings from our society for the benefit of the public. To this end, members should be aware that APS has an Educational Resources section on the website and that material can be made available to the public through this section of the website.

Some of the important upcoming events we have this year:

The name change process: By the time you read this, we will have identified a candidate alternative name for the Society and you will be asked to vote on that name versus APS. Voting will continue until the end of June. Anyone who wants to vote in this important election must have renewed their 2013 membership in APS. Members will continue to receive reminders about voting until they vote, so early voters will receive the fewest hassling reminders from the APS office.

The One Day Specialty Conference: On October 11, 2013, we will host our second one day

specialty Conference on the topic of Diabetes, Obesity and the Brain in Washington, DC. The program committee for this is chaired by Susan Everson-Rose, PhD, and also includes John Ryan, PhD, Maria Llabre, PhD, Andreana Haley, PhD, and Tica Hall, PhD. They have been working hard and have begun to line up a terrific group of speakers for this meeting which is shaping up to be a very unique and exciting opportunity. *The biobehavioral oncology group from the October 2012 Exposome conference has started to work on developing a special issue of Psychosomatic Medicine based on the talks at the conference.*

***Plan now to join us in San Francisco at the 2014 meeting, March 12-15. I look forward to serving the membership over the next year and encourage all of you to find ways to get involved in the Society.***

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From the Editor's Desk  
**John M. Ruiz, PhD, APS Newsletter Editor**



**“Scientific Spring Break!”** There was sunny weather, beaches, baseball, a crazy music festival, good friends, fun, and cutting edge science. Our Miami hosts along with Dr. Suzanne Segerstrom and the 2013 Program Committee delivered a fantastic meeting context for our society to present the latest in psychosomatic research. A full spectrum of scientists from senior investigators to undergraduate trainees attended, contributed, and interacted in sessions and during the 2nd floor foyer poster sessions. There were lively discussions regarding the society’s name change process, stimulating award talks,

and the handling of administrative business. The 3-day event was of course, punctuated by the legendary Saturday Night APS gala which featured Miami’s own Dr. Mike Antoni! Special thanks to everyone at Degnon Associates for taking care of the management aspects of the event which allowed the membership to focus on science and collaboration. If the meeting was any indication, our society’s bonds remain strong.



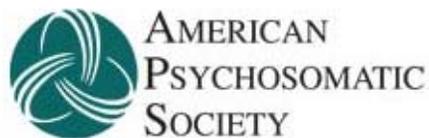
Onward

In this edition of your newsletter President Susan Lutgendorf writes her first message to the membership where she outlines several key challenges and highlights important opportunities for us in 2013/2014. Dr. Kristen Salomon, the incoming Program Committee Chair reviews the Miami meeting and gives us an early look at the theme of the 2014 meeting to be held in San Francisco. In this edition’s *Getting to Know You* we feature up-and-comers Drs. Paula Williams and Steven Barger who introduce us to their work, their professional career course, and their thoughts on life outside of science. Dr. Wijo Kop, editor-in-chief of *Psychosomatic Medicine* provides us with highlights from the journal including links and information regarding CME credits for reviewers. From the home office we have information regarding the name change and a call for award nominations. And finally, we have meeting wrap-up fun including photos and presentation audio/video. Enjoy!

CORRESPONDENCE: Please email questions, comments, and suggestions to John M. Ruiz, Ph.D., Editor, APS Newsletter, [John.Ruiz@unt.edu](mailto:John.Ruiz@unt.edu)

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## The Annual Meeting: From Miami to San Francisco **Kristen Salomon, PhD, Program Chair**



The 2013 Annual Meeting in Miami was quite a success. The program theme of *Impact and Innovation* was certainly supported by the work presented. Also following the theme, this year's meeting offered new and innovative programming. The inaugural *Young Investigator Colloquium* brought together 25 outstanding postgraduate awardees and 10 mentors to foster the development of innovative and impactful psychosomatic research. The Wellness Sessions provided an opportunity for attendees to learn about and enjoy some early-morning yoga, tai chi, and mindfulness meditation. These sessions filled their registration caps early, and people actually did get up early to attend! This was also our second year of daily data blitzes that featured previews of noteworthy presentations and posters. All in all, it was a meeting for successful innovative programming.

The longstanding programming was a success as well. I hope you were able to attend the outstanding plenary addresses by [Bruce Ellis](#), [Robert Kaplan](#), [Helena Kraemer](#), and Paul McHugh, sequesters and tele-addressing notwithstanding. Excellent invited symposia were presented on our science in the media, positive psychobiology, cardiometabolic health in Hispanics/Latinos, and PROMIS in patient reported outcomes. Awards lectures by Gary Berntson, [Karen Matthews](#), Kristina Orth-Gomer, and Nicolas Rohleder provided inspiration and aspirational goals for stellar research careers in psychosomatic medicine. Kudos also go to the 12 Young Scholar awardees, 4 MacLean Scholar travel awardees, 7 Minority Initiative travel awardees, 9 Medical Student/Resident/Fellow travel scholarship awardees, and the Donald Oken Fellowship awardee, Roger Kathol.

With a near-record high attendance of 590, the 2013 meeting was a jam-packed success. Many thanks are due to the Program Chair, Suzanne Segerstrom, and her Program Committee for a job well done. Even a large electronic music festival could not outshine the excellent science featured. While attendees likely expected to hear about innovative research, more than a few may have also gathered some new information about innovative music and... um... interesting fashion. I personally appreciate when a meeting location offers something unique and memorable. And the 2013 meeting is one for the memory books - for its attendance, science, novel programming, and location!

### San Francisco 2014

The 72nd Annual Meeting will be held in San Francisco, CA at the Hyatt Regency, March 12 - 15, 2014. Despite my initial suggestion for a theme, "Hey, it's in San Francisco! What more reason do you need?" not being taken seriously, the 2014 theme is "*Stretching the Boundaries: From Mechanisms of Disease to Models of Health*." We hope that this theme will foster programming that not only includes research on disease models but research that

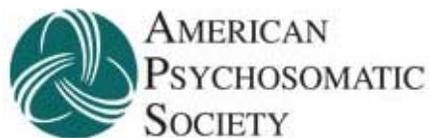
expands beyond these models to focus on understanding and fostering positive health. Thanks are due to our new President, Susan Lutgendorf, for guiding the development of this theme.

The 2014 Program Committee includes 25 members, some veterans and some new-comers and we have already been quite active. We have a number of excellent suggestions for speakers and symposia. We also have our first confirmed plenary speaker. Gary H. Gibbons, MD, Director of the National Heart, Lung, and Blood Institute (NHLBI) at the National Institutes of Health will give an address on his multi-level, multi-disciplinary research on understanding and ameliorating racial/ethnic disparities in cardiovascular health. We are quite honored that he agreed to be part of our 2014 program.

I will keep you updated on how the program is shaping up throughout the upcoming year, but please do not feel like you have to wait until March to share your thoughts and suggestions regarding the upcoming meeting with me. While our committee works hard to plan the best meeting possible, the meeting belongs to all of us. Your input is always welcome and valuable, whether you are on the Program Committee or not. So send your suggestions my way at [ksalomon@usf.edu](mailto:ksalomon@usf.edu). I can't promise you more music festivals, boat rides, or riots, but I will do my best to use your suggestion to help make the meeting in San Francisco (Do you need another reason to attend?) the best possible.

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## Getting to Know You... **Paula Williams, PhD**



Dr. Paula Williams is an Associate Professor of Clinical Health Psychology in the Department of Psychology at the University of Utah. Dr. Williams earned her PhD from the University of Utah (1995) and completed her clinical internship and postdoctoral work at Duke University. Her research integrates and seeks to understand the interplay between personality, cognitive functioning and physiological responses. Dr. Williams was the guest editor of a recent *Annals of Behavioral Medicine* Special Series on Executive

Functioning and Health.

Hi Paula and welcome to your APS Newsletter Interview. To begin, tell us a bit about your current research.

Broadly speaking, my research focuses on individual differences in risk and resilience for adverse mental and physical health outcomes (e.g., stress-related sleep disturbance, health anxiety, cognitive decline), and potential mechanisms underlying these associations. The individual differences of interest include personality, cognitive (especially executive) functioning, and psychophysiological factors (especially tonic respiratory sinus arrhythmia). In recent years, my graduate students and I have been particularly focused on the interrelations among these individual differences in the context of stress regulation - a term I use to capture the range of stress component processes: exposure, reactivity, recovery, and restoration. I'm especially interested in individual differences in stress restoration - including pre-sleep arousal and sleep, but also aesthetic experiences - finding beauty in art and nature, a key component of the personality factor Openness to Experience--that may also serve a restorative function.

Much of your work takes a five-factor perspective on health. Where do you see this research going over the next 5 to 10 years and what do you believe this approach can achieve?

First off, I think the FFM can serve as a useful framework for understanding individual differences in health. Applying sound personality science to health research helps to avoid the "reinventing the wheel" phenomenon which is still, unfortunately, too common. Exciting personality research is examining the neuropsychological and neurophysiological underpinnings of personality factors (i.e., the endophenotype). This type of research will inform our understanding of mechanisms linking personality factors to health outcomes. I also think a sound personality framework can lead to the development of more effective, tailored interventions.

If members were to read just one paper from you, which would you recommend?

Probably my review paper on individual differences in executive functioning and stress regulation (even though it's in the journal for a different society).

What topic would you like to see discussed more within APS?

Given how great the APS programs have been (says the Program Committee member and friend to the recent Program Chair), any additions would be "gilding the lily." That being said, I'll selfishly suggest greater focus on individual differences, especially behavioral measures and indicators of cognitive functioning. The increase in neuroscience at the conference has been excellent, but there could be greater emphasis on task performance since brain activation patterns do not reliably (or even typically) translate into behavior.

If Oprah came to APS next year and asked who she should follow around for a day, who would you recommend and why?

I would suggest to Oprah that rather than follow around one person, that she convene a panel discussion including Suzanne Segerstrom, Julian Thayer, Jerry Suls, Craig Ewart, and Paul Costa. This would be a great "sampler" of APS-affiliated researchers, but it's also a collection of interesting people that I greatly respect and who have supported me in my career. Then if Oprah wants to observe APS members "in the wild" I'd suggest she go out with the Utah alumni (and honorary members - you know who you are).

Outside of science, what are some of your favorite ways to spend time?

I'm really lucky to live in Park City, UT and have access to great outdoor activities. We have a hiking trail that runs along the ridge behind our house, so in the summer it's easy to take a quick hike up to a great view of the area. In winter, I do some (wimpy) skiing, but mostly go for post-ski ginger margaritas. I have a favorite ski run and the joke is that it's because it goes right to the St. Regis bar. I relish non-work reading - I usually have a novel and a non-fiction book going - and I have an obsessive/ritualistic relationship with the Sunday New York Times. I also have an obsessive/ritualistic relationship with Tony Horton (not really, but it's true that I often do P90X exercise videos). And my secret, guilty pleasure is watching Heavy Metal documentaries and countdown shows on VH1 and Fuse.

The APS meeting typically occurs during March Madness. You've attended schools with well-known college basketball teams. Faced with a bracket where Illinois, Duke, and Utah all make it in, who do you choose to win it all?

I suspect this was supposed to be a difficult choice, but it would be Utah all the way. I started to be a basketball fan as a graduate student during the Rick Majerus (RIP) coaching era (and watching the Stockton/Malone Jazz). As a current Utah faculty member, it would be great to see the basketball team get back to national prominence. No offense to my Duke friends and former mentors.

For more information on Dr. Williams, please see her website at <http://www.psych.utah.edu/people/person.php?id=88>

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## Getting to Know You... **Steve Barger, PhD**



Dr. Steven Barger is a Professor of Psychology at the University of Northern Arizona in beautiful Flagstaff, AZ. Dr. Barger earned his PhD from the University of Utah (1995) and completed postdoctoral training in cardiovascular behavioral medicine at the University of Pittsburgh. Dr. Barger is broadly interested in health perceptions as well as in chronic illness risk amongst Hispanics of different backgrounds.

Hi Steve, welcome to your APS interview.

Hi APS

Tell us a bit about your path to APS Miami - where were you trained and where are you now?

I earned my undergraduate and masters degrees at SMU in Dallas and my PhD at the University of Utah. I did the cardiovascular behavioral medicine postdoc at Pitt and then was able to land a psychology faculty position at Northern Arizona University in Flagstaff. In between the MA and PhD I worked as a researcher for the Department of Defense in Anniston, AL.

You gave a talk at the 2013 APS meeting with the intriguing title, "Does the income-mortality gradient persist at higher income levels? It depends on whom you study." Can you summarize this for us?

The basic message is that the inverse association of income and mortality flattens out at higher income levels. Additionally, the threshold is more pronounced for working-aged adults as compared to the population as a whole. If you look at relative (rather than absolute) risk, the slope of the gradient is not so different across these subgroups but there are clearly diminishing returns, at least for mortality risk, once a certain absolute income level is achieved.

Of course, for other outcomes one sees a perfect ordinal sorting by income. For example, for every \$10,000 increment of family income, the average SAT score is higher than the next lower adjacent category. This sorting is almost as uniform for psychological distress. Socioeconomic status is powerful stuff.

Tell us a bit about your program of research

Perhaps "program" is too strong a word... I'm interested in social and economic resources and health. Currently I'm examining how social relationship resources stratify well being and

other outcomes such as mortality. I also examine variation in these associations by race/ethnicity as well as potential mechanisms that may explain the health advantage for those with greater social relationship resources. I utilize large archival data sets to address these questions-the downsides are that they lack breadth in terms of psychological measures and they also are challenging to analyze. On the other hand, the challenges keep me growing professionally and I love the ability to produce population-based estimates.

You appear to be living the dream at the Northern Arizona University. Tell us about life and work there.

You are kind to say that. I do like it here. I enjoy teaching and I am able to pursue the research questions that interest me. My spouse and I have positions at the same University and my job involves lifelong learning - what more could I want? I also have the privilege of a fine 4-season alpine climate with snow *and* sunshine. There are hiking/biking trails near my house where I often find pre-Columbian potsherds. I feel connected to the land and these artifacts remind me of the fascinating human history of the Colorado Plateau.

As a long-standing member of APS, what keeps you coming back - why this group?

I go to socialize with my grad school and postdoc friends! It's also one of those meetings where I find the content intrinsically interesting, even if it's not exactly in my area. I am also grateful for the attendees' active engagement in the meeting. Many of the authors cited on our poster showed up to talk about the work. Especially energizing were the many wonderful unplanned professional exchanges - that's the "x-factor" of APS.

You've obviously been to many locations - any favorites and where is your dream location for a meeting.

I enjoyed Vancouver and Budapest was fantastic as well. I would vote for Stockholm for a future meeting, but given we meet in March perhaps I should plug Sedona, Arizona instead. It's sunny and lovely then and exploring the red rock country is bound to take a few points off one's blood pressure. Do you think APS would ever do an alpine meeting, say in Telluride?

How would your mentees describe your mentoring style - wire monkey or terry-cloth?

Terry-cloth, but perhaps at this stage I'm in need of reupholstering.

Finally, in an alternate life, what would your alternative dream career be?

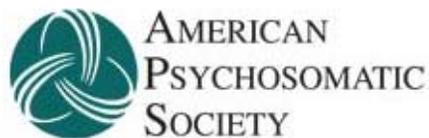
The things I really enjoy I'm loath to turn into work-I'm afraid I'd enjoy them much less.

For more information on Dr. Barger, please visit his website at:

<http://nau.edu/SBS/Psych/Faculty-Staff/Barger/>

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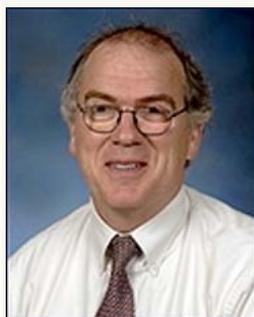
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Highlights from ***Psychosomatic Medicine***  
**Willem (Wijo) Kop, PhD**  
 Editor-in-Chief



Highlights from Psychosomatic Medicine

Founded in 1939, *Psychosomatic Medicine* is not only the flagship journal of the society, but an international and interdisciplinary peer-reviewed journal for state-of-the-science research. The journal focuses on the biological correlates of clinical psychiatric conditions, biobehavioral processes involved in health and disease and emphasizes statistical and methodological issues relevant to our field. With a 2010 Impact Factor of 3.974, *Psychosomatic Medicine* is ranked 11th among the 71 psychology journals and 25th among psychiatry journals. Moreover, the 5-year Impact Factor is 4.690, 8th among psychology journals and 21st among psychiatry journals.

News from Psychosomatic Medicine

If you have not done so already, the "[Article Summaries](#)" are a very efficient way to get a full overview of each issue of Psychosomatic Medicine. These summaries include links to the full paper, which is very efficient way to get to the source material.

We have published a few excellent **Editorials** over the past year that are of great interest, not only because these scholarly papers provide a critical perspective on the published papers they refer to, but also because the editorials place the research in a broader theoretical and practical perspective. Among these editorials are:

SPECIAL SERIES ON NEUROSCIENCE OF HEALTH AND DISEASE

[Impact of Sleep Quality on Amygdala Reactivity, Negative Affect, and Perceived Stress.](#)

Prather AA, Bogdan R, Hariri AR.

Psychosom Med. 2013 Apr 16

PSYCHOSOMATIC MEDICINE RESEARCH PAPERS

[Prenatal stress and risk of spontaneous abortion.](#)

Wainstock T, Lerner-Geva L, Glasser S, Shoham-Vardi I, Anteby EY.

Psychosom Med. 2013 Apr;75(3):228-35. doi: 10.1097/PSY.0b013e318280f5f3. Epub 2013 Jan 29.

[Sexual orientation and disclosure in relation to psychiatric symptoms, diurnal cortisol, and allostatic load.](#)

Juster RP, Smith NG, Ouellet Å%, Sindi S, Lupien SJ.

Psychosom Med. 2013 Feb;75(2):103-16. doi: 10.1097/PSY.0b013e3182826881

[Elevated C-Reactive Protein in Adolescents: Roles of Stress and Coping.](#)

Low CA, Matthews KA, Hall M.  
Psychosom Med. 2013 Apr 10.

[Physical Activity and Depression Symptom Profiles in Young Men and Women With Major Depression.](#)

McKercher C, Patton GC, Schmidt MD, Venn AJ, Dwyer T, Sanderson K.  
Psychosom Med. 2013 Apr 10

[Personality and the Risk of Cancer: A 16-Year Follow-Up Study of the GAZEL Cohort.](#)

Lemogne C, Consoli SM, Geoffroy-Perez B, Coeuret-Pellicer M, Nabi H, Melchior M, Limosin F, Zins M, Ducimetière P, Goldberg M, Cordier S.  
Psychosom Med. 2013 Apr;75(3):262-71.

[Association between optimism and serum antioxidants in the midlife in the United States study.](#)

Boehm JK, Williams DR, Rimm EB, Ryff C, Kubzansky LD.  
Psychosom Med. 2013 Jan;75(1):2-10. doi: 10.1097/PSY.0b013e31827c08a9. Epub 2012 Dec 20.

REVIEW ARTICLES and EDITORIALS

[Emotions and neural processing of respiratory sensations investigated with respiratory-related evoked potentials.](#)

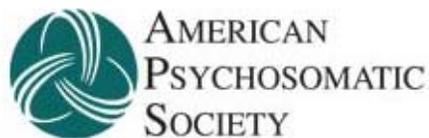
von Leupoldt A, Chan PY, Esser RW, Davenport PW.  
Psychosom Med. 2013 Apr;

[Demanding attention: reconsidering the role of attention control groups in behavioral intervention research.](#)

Freedland KE.  
Psychosom Med. 2013 Feb;75(2):100-2. doi: 10.1097/PSY.0b013e3182851b75. Epub 2013 Jan 29.

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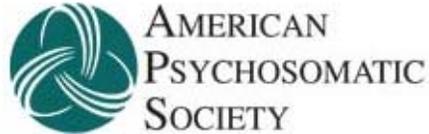
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→ President's Message	CME Credits Now Available for <b><i>Psychosomatic Medicine</i></b> Reviewers
→ From the Editor	Dr. Willem J. Kop, Editor-in-Chief of <i>Psychosomatic Medicine</i> is pleased to announce that the Editorial Manager web site is now configured so that reviewers can request CME or CNE credits for reviewing a paper.
→ Annual Meeting from Miami to San Francisco	Credit is available for reviewing the initial version of a paper. Original Articles and Systematic Reviews/Meta-analyses are the article types for which credit can be earned.
→ Getting to Know You... <b>Williams</b>	Specific information for reviewers can be downloaded <a href="#">here</a> .
→ Getting to Know You... <b>Barger</b>	If you are interested in being a reviewer, please contact <a href="#">Vicki White</a> . As always, thank you to all who contribute their time and expertise to the success of the journal.
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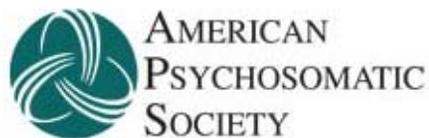
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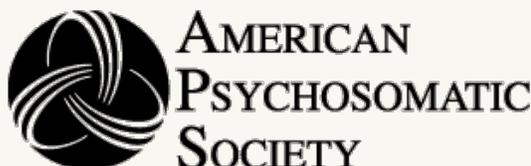


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American Psychosomatic Society  
 72nd Annual Scientific Meeting  
 March 12 - 15, 2014  
 San Francisco, CA

Dear Colleagues:

As noted in my letter of May 20, 2013, the APS membership recently determined that "Association for Biopsychosocial Medicine" would be the option to be voted upon vs. "American Psychosomatic Society" to determine the preferred name of the Society.

A discussion board was made available on May 20, 2013 for members to discuss the results of the vote that selected the alternate name option, and to comment on the vote of the alternate name option vs. the current name. We are now requesting your vote to determine if the name of the Society will change.

The discussion board <http://www.psychosomatic.org/bbn/> will remain open for viewing for the duration of the voting period, and you can also access the information presented during the [President's Message at the 2013 Members Meeting](#) during the voting period. Both of these resources are also available on the Members Only section of the APS website: [www.psychosomatic.org](http://www.psychosomatic.org).

Voting will remain open until 11:59 pm EDT on Sunday, June 30, 2013.

Below is a link for the electronic ballot to vote for your preferred name. Pursuant to our bylaws, all APS members have the right to vote.

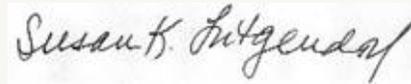
To access the electronic ballot, please visit this URL: <http://www.psychosomatic.org/NCFinal/> and log in using your username and password.

As a reminder, voting will remain open until 11:59 pm EDT on Sunday,

June 30, 2013.

Thank you for voting.

Sincerely,

A handwritten signature in black ink that reads "Susan K. Lutigendorf". The signature is written in a cursive style and is contained within a white rectangular box.

Susan K. Lutigendorf, PhD  
APS President

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# Newsletter

Spring 2013

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## APS 2014 Awards

Submit your suggestions and nominations for the following prestigious APS awards now!

[Patricia R. Barchas Award in Sociophysiology](#)

[Distinguished Scientist Award](#)

[Donald Oken Fellowship](#)

[Herbert Weiner Early Career Award](#)

[Paul D. MacLean Award](#)

Don't be late to nominate!

The deadline for most nominations is August 31, 2013.

Nominations for the **MacLean Award** are due by November 1, 2013.

Submit your nominations to [info@psychosomatic.org](mailto:info@psychosomatic.org)

## Psychosomatic Medicine Interest Groups

The American Psychosomatic Society will sponsor the development of Psychosomatic Medicine Interest Groups (PMIGs) at three medical schools (U.S. and International) during the academic year 2013-2014. The topics of the PMIG must fit with the [goals](#) of the APS and are as follows: Cardiovascular disease, Oncology, Gastroenterology, Diabetes, ID/HIV, Aging, Psychoneuroimmunology(PNI), Neuroimaging, Sleep Medicine, Health Services, Complementary and Alternative Medicine (CAM), Genomics, and Women's Health. A combination of these topics is also acceptable.

These competitive awards will fund and guide innovative efforts to foster interest in psychosomatic medicine among medical students, residents, and other clinical trainees. The award for one year includes \$1,500 per interest group for PMIG activity related expenses and up to \$500 for travel to the 2014 APS Annual Meeting. Each PMIG is expected to integrate or use web-based technology to deliver content material, curriculum, lectures and facilitate maximum distribution of the PMIG project. Activities encouraged are dynamic journal clubs, interactive lectures and seminars, development of model curricula, and other academic projects all using the web based technology.

Objective data and outcome collection of the PMIG project is required, using instruments such as pre and post questionnaires, evaluation forms, and written feedback. It is the expectation of the PMIG selection committee that by March of 2014 sufficient activity has

been generated and collected from the PMIG award to allow provisional data and results to be presented at the 2014 March APS Annual Meeting which will be held in San Francisco, CA from March 12 - 15.

The goals of the award are to: 1) facilitate interest in psychosomatic medicine among medical students and other trainees; 2) promote education and research collaborations in psychosomatic medicine at the institution; 3) integrate web based teaching tools and/or on-line curriculums that may further enhance the education resources of the APS; 4) recruit promising physicians and young researchers into the American Psychosomatic Society; 5) cultivate the career paths of students interested in psychosomatic medicine; and 6) establish the feasibility of developing interest groups at a larger number of medical schools and clinical institutions.

Interim and Final Progress Reports of the PMIGs will be required for full appropriation of funds.

The applicant must commit to present the findings and outcome of the PMIG award, in person, to the Membership Committee at the March 2014 APS Annual Meeting.

Applications should be submitted to APS National Office by 5pm EDT, July 30, 2013

Please click [here](#) to apply.