

Round tables

Thursday Roundtable Lunch:

March 15, 2012, 11:30 am to 1:00 pm

Lab to Market: eHealth, mHealth, ACOs, and Meaningful Use, Steve Locke, MD

Efforts underway to reform US healthcare are creating new opportunities for innovative approaches to the integration of behavioral health into primary care and specialty medical practice. This is particularly true for the management of chronic medical conditions as well as for behavioral health risks such as the epidemic of obesity with its ominous impact on morbidity, mortality, health costs, and productivity. The emergence of new models of care (collaborative care, shared decision-making, and mental health parity), new technologies (eHealth, mHealth, the medical home, social media), realignments of financial incentives (bundled payments, ACOs) are the building blocks for change and creating emerging opportunities for psychosomatic medicine.

Clinical research in psychosomatic medicine will lead to the development of successful population health management interventions only if they can be shown to be *clinically effective, cost-effective, and capable of self-sustaining dissemination and implementation*. One strategy, discussed during previous Lab to Market Roundtables, was the idea that commercialization is required to achieve meaningful penetration into the healthcare market. The Affordable Care Act has provided both support and incentives to encourage disruptive innovation. In this year's roundtable, we will examine new models for dissemination and implementation. Leaders in clinical innovation will discuss successful programs in which evidence-based behavioral treatments are being integrated into primary care. Participants will discuss the challenges and opportunities at the interface between psychosomatic medicine and business and the roundtable faculty will provide guidance to participants who are contemplating or beginning the development of similar efforts.

Women's Reproductive Health, Claire Stramrood, MD

This roundtable facilitates the gathering of researchers and clinicians in the field of women's health attending the APS conference. A platform will be provided to share experience and ideas regarding the interplay between mental and physical factors in reproductive medicine. Depending on the wishes of the participants, we will cover topics ranging from perinatal psychiatry to infertility, and sexual disorders to psychological consequences of gynecological cancers.

Friday Roundtable Breakfast:

March 16, 2012, 7:00 to 8:00 am

How to Plan a Career in Behavioral Medicine

Description coming soon

Friday Roundtable Lunch:

March 16, 2012, 11:30 am to 1:00 pm

Heart knows best, Richard Jennings, PhD

An immediately preceding symposium will briefly outline the current state of knowledge in psychosomatic cardiovascular medicine and then have the audience separate into groups tasked to develop the best next research project to advance the field. This format is designed to have members work together to develop and refine research ideas. Experienced researchers have agreed to moderate

the groups and provide information based on their experience with large research studies. They will though act as moderators stimulating discussion, rather than as presenters. Group moderators for these breakout groups will continue in a similar role during the roundtable lunch, but participants will be shuffled so that the proposed research projects can be compared/discussed. Moderators will be Richard Jennings, Stephen Manuck, Neil Schneiderman, and Redford Williams. Attendees are urged to sign up for both the symposium and round table. Symposium attendance is open, but we'd urge those signing up for the roundtable to ensure that they would also attend the symposium/initial breakout session.

Saturday Roundtable Lunch:

March 17, 2012, 11:30 am to 1:00 pm

What has neuroscience told us about pain and will it help our patients? Stuart Derbyshire, PhD

Description coming soon